



CARLINGFORD ADVENTURE CENTRE ACTIVITY LIST

Land Based : half day sessions (3hrs)



Initiative Challenge Course:

Utilising the natural surrounding, this course involves a variety of challenges designed to explore and develop positive team behaviours. Some are physical, some involve water and some are mental (or will drive you mental!). Encompasses 24 challenges including Low Ropes, Sky Walk, Gutter ball, Mohawk Walk, Atlantis Island and many more. *No minimum / maximum*



High Ropes Course:

The High Ropes Course venue provides a range of activities designed to encourage both individuals and teams to step outside of their normal comfort zones. In order to achieve success teams must plan, think creatively, work together and encourage one another. *Maximum Number: 30*



Rock Climbing and Abseiling:

Pit your wits against a real rock face and multiple climbs in our privately owned fully dedicated quarry. An exhilarating experience stepping over the edge of a 35 foot cliff and abseiling down. *Maximum 50*



Orienteering & Archery:

You are given a map, taught how to use it and it is up to you to find as many of the orienteering markers as possible. Then you move on to the Robin Hood Challenge, who will be the best archer in the land! *No minimum / maximum*



Laser Combat: in the forest

The best purpose built site in Ireland. Based on the same laser technology as used by the military, this activity is guaranteed to get your hearts thumping and minds racing... You must defend the base at all costs, the lives of your teammates depend on it, so check if your ammo is loaded, keep your eyes open and your head down. *No Pain, No Bruising, No Paint, No Masks, No Goggles. Just great fun!* *Minimum Number: 10 Maximum Number: 50*



Zorbin':

Is basically rolling downhill in an orb made of transparent plastic. Our Zorb course is a gentle slope specifically designed to give you an extreme experience. Our Zorbs are two person harnessed orbs. As a COMBO Package see min/max below. ***€10pp Surcharge for Zorbin & must be above 4ft 8 inches (142cms)*



Combo Package: Zorbin/Archery/ Low Ropes

This fun filled round robin of activities will leave you energized and enthused. Using our purpose built activity site you and your group will take part in Zorbin', Robin Hood Archery Challenge, and our Low Ropes Course, balance on our Tight Rope, Rope Bridge, Cats Cradle, Swinging Log, Tyres, See – Saw, Tension Traverse & Croc Pit. *Minimum Number: 10 Maximum Number: 48* ***€10pp Surcharge for Zorbin & must be above 4ft 8 inches (142cms)*

Water Based: half day sessions (3hrs)



Raft Build Challenge:

A water based challenge that requires teams to design, build and race a raft, whilst completing a range of initiative exercises. Co-operation, communication, team motivation and a keen sense of fun are the keys to success. *Maximum 60*



Pier jumping:

This can be done with most water activities – tide dependant.



Canadian Canoeing:

Your team must work together to paddle our Open Boat's and reach your destination safely. The team will need to exhibit excellent communication on skills to paddle to your destination, otherwise be prepared to go around in circles! *Maximum 40*



Sailing:

On Carlingford Lough in dinghy boats. Wind dependent activity. *Maximum 8*



Kayaking / Frenzies:

These 1 or 2 person sit on top kayaks are very safe and great fun to paddle. Go for a leisurely paddle or an expedition, your team decide. *Maximum 70*



Windsurfing:

On Carlingford Lough. Wind dependent activity. *Maximum 8*

Book Now 042 93 73 100

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